

Paddle Safe – Paddle Smart Curriculum An American Canoe Association Program

www.americancanoe.org



(Check out additional resources available on the American Canoe Association Website!)

Paddle Safe – Paddle Smart is a paddlesport education program designed for instructors working with youth. It is a national, research-based educational curriculum designed to introduce middle and high school age youth to the joys and skills of paddling a canoe and/or kayak. The curriculum emphasizes safety and skills and is designed for teachers and youth leaders who want to include paddle sport instruction in their programs. PS2 will help students recognize potential risk and take steps to avoid, reduce, or eliminate them while enjoying paddling local water ways.

This program and the resulting curriculum development was a joint venture of the ACA and the American Association for Physical Activity and Recreation. Hands-on training is available through local organizations for a cost of \$30 per participant. The PS2 Curriculum Guide can also be purchased separately for \$19.95.

Presented by:

Smart Start Paddling Course Online!



The ACA is offering online paddlesports instruction in conjunction with www.iPaddleOnline.com.

Using the ACA's **Smart Start Paddling Orientation** as an introductory paddling safety course for canoers, kayakers, and rafters, this online course provides information that will allow a paddler to have a safer, more enjoyable, and rewarding on-water experience. Includes ACA Safety Certification!

Upon successful completion of the online assessment with a passing grade, participants can print their personalized, numbered certification card from their home computer. For additional information visit: www.iPaddleOnline.com